

## WHITNEY W. LOWE

Orthopedic Massage Education & Research Institute (OMERI)  
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### PROFESSIONAL and TEACHING ACTIVITIES

- *Owner/CEO* 1994 - Present  
*Orthopedic Massage Education & Research Institute*  
Sisters, Oregon
  - Seminars: Author/design/produce/teach/disseminate continuing education courses in:  
Advanced clinical applications of massage therapy; Orthopedic assessment; musculoskeletal disorders; Anatomy, physiology, kinesiology, and biomechanics; Clinical reasoning skills in the therapeutic setting; Educational theory & instructional design
  - Online Education: Author/design/construct/teach/disseminate 130 hour online continuing education program in orthopedic massage
  - Newsletter: Author/design/ produce/ disseminate clinical research newsletter, 1994-2005

### PUBLICATIONS

#### **Books:**

- Lowe W. *Orthopedic Assessment in Massage Therapy*. Sisters, OR: Daviau-Scott; 2006.
- Lowe W. *Orthopedic Massage: Theory and Technique*. 2<sup>nd</sup> ed. Edinburgh: Mosby; 2009.
- Lowe W. *Functional Assessment in Massage Therapy*. 3<sup>rd</sup> ed. Bend, OR: OMERI; 1997.

#### **Contributed Book Sections:**

- Lowe W. Orthopedic massage. In: Stillerman E, ed. *Modalities for Massage and Bodywork*. St. Louis: Mosby; 2009:199-217.
- Lowe W. Learning styles & multiple intelligences. In: ABMP, ed. *Teaching Massage*. Philadelphia: Lippincott; 2008.
- Lowe W, Chrisman L. Clinical massage resources. In: Rakel DP, Faass N, eds. *Complementary Medicine in Clinical Practice*: Jones & Bartlett; 2006:267-271.
- Lowe W. Upper extremity nerve entrapment. In: Chaitow L, Delany J, eds. *Clinical Application of Neuromuscular Techniques*. Edinburgh: Elsevier; 2005:110-116.
- Lowe W. Knee pain with patellofemoral tracking disorders. In: Chaitow L, Delany J, eds. *Clinical Application of Neuromuscular Techniques*. Edinburgh: Elsevier; 2005:184-189.
- Lowe W. Foot pain - chronic. In: Chaitow L, Delany J, eds. *Clinical Application of Neuromuscular Techniques*. Edinburgh: Elsevier; 2005:190-195.

#### **Peer Reviewed Articles:**

- Grant K, Balletto J, Gowan-Moody D, et al. Steps toward massage therapy guidelines: A first report to the profession. *International Journal of Therapeutic Massage & Bodywork*. 2008;1(1):e-journal.
- Lowe W. Suggested variations on standard carpal tunnel syndrome assessment tests. *Journal of Bodywork & Movement Therapies*, 2008;12(2):151-157.
- Lowe W. Orthopedic massage for groin pain. *Journal of Bodywork and Movement Therapies*. 1998;2(3):139-143.
- Lowe W. Orthopedic assessment skills in bodywork care of rotator cuff injury. *Journal of Bodywork and Movement Therapies*. 1997;1(2):81-86.
- Lowe W. Orthopedic massage: A model for alternative treatment of cumulative trauma disorders. *AAOHN Journal*. 1999;47(4):175-184.

#### **Non-Peer Reviewed Publications:**

- Lowe W. Orthopedic massage essentials (feature section). *Massage Today*.; 2001-2002,2004-Present.

- Lowe W. E-learning in massage therapy. *Massage & Bodywork*. Vol September/October, 2008.
- Lowe W. The future of massage. *Massage & Bodywork*. Vol January/February, 2008.
- Lowe W. Industry experts look back. *Massage & Bodywork*. Vol October/November, 2007.
- Lowe W. Reflections on continuing education. *Massage & Bodywork*. Vol August/September, 2006.
- Lowe W. *Orthopedic & Sports Massage Reviews*. Bend, OR: OMERI; 1994-2005.
- Lowe W. Cubital tunnel syndrome. *Journal of Soft Tissue Manipulation*. 2003;10(3):15-20.
- Lowe W. Glenohumeral instability. *Journal of Soft Tissue Manipulation*. 2002;10(2):15-20.
- Lowe W. Piriformis syndrome. *Journal of Soft Tissue Manipulation*. 2002;10(1).
- Lowe W. An evaluation of the selective tension paradigm. *Journal of Soft Tissue Manipulation*. 1998;6(2).
- Lowe W. Accuracy of sacroiliac joint evaluation tests. *Journal of Soft Tissue Manipulation*. 2002;9(4):13-18.
- Lowe W. Calcific shoulder tendinitis. *Journal of Soft Tissue Manipulation*. 2002;9(3):12-13.
- Lowe W. Thoracic outlet syndrome. *Journal of Soft Tissue Manipulation*. 2001;9(2):13-15.
- Lowe W. Shin splints and compartment syndromes. *Journal of Soft Tissue Manipulation*. 2001;9(1):10-14.
- Lowe W. Morton's neuroma. *Journal of Soft Tissue Manipulation*. 2001;8(4):18-22.
- Lowe W. Adhesive capsulitis. *Journal of Soft Tissue Manipulation*. 2001;8(3):12-13.
- A complete list of additional non-peer reviewed publications, including regular feature columns, is available upon request for: *Journal of Soft Tissue Manipulation*, *Massage Magazine*, *Massage Today*, *Massage & Bodywork*, and *Massage Therapy Journal*.

## **PRESENTATIONS**

### **National**

- Lowe, W. Keynote Presentation: *Taking the Ordinary out of Massage Education*. Presented at Australian Association of Massage Therapists National Conference, 2010; Sydney, Australia.
- Lowe W. *Evaluation & Treatment of Nerve Injuries*. Presented at: AMTA National Convention, 2009; Orlando, FL.
- Lowe W. *Evaluation and Treatment of Common Orthopedic Disorders*. Presented at Natural Health Practitioners of Canada National Conference, 2008; Canmore, AB.
- Lowe W. *Have You Identified the Right Condition*. Presented at: AMTA National Convention, 2006; Atlanta, GA.
- Lowe W. *The Value of Including Orthopedic Assessment in Your Curriculum*. Presented at: AMTA Council of Schools Convention, 2005; Newport Beach, CA.
- Lowe W. *Bloom's Taxonomy*. Presented at: AMTA National Convention, Educators Section, 2006; Atlanta, GA.
- Lowe W. *Evaluating and Treating Nerve Injuries*. Presented at: AMTA National Convention, 2002; Portland, OR.
- Lowe W. *Orthopedic Massage for Overuse Injuries*. Presented at: AMTA National Convention, 1998; Washington, DC.
- Lowe W. *Functional Assessment Skills*. Presented at: AMTA National Convention, 1995; Boston, MA.

### **Regional & State**

- Lowe, W. *Essentials of Orthopedic Assessment*. Presented at New England Regional Massage Therapists Conference, 2009; Framingham, MA.
- A complete list of national, regional, and state presentations is available on request.

## **EDUCATION**

- Graduate study, Sports Medicine & Biomechanics, Georgia State University, 1990-1992
- Certified Massage Therapist: Atlanta School of Massage, 1988
- Graduate study, Counseling Psychology, Georgia State University, 1986-1987
- B.A., Psychology, University of Georgia, 1986

## **FORMAL CLINICAL PRACTICE**

- *Owner/ Director / Practitioner*, Cascade Therapeutic Massage, Bend, OR, 1997-2001
- *Massage Therapist*, Timberhill Physical Therapy, Corvallis, OR, 1995-1997
- *Massage Therapist*, Emory Clinic Sports Medicine Center, Emory University, Atlanta, GA, 1991-1994
- *Massage Therapist*, Atlanta, GA, 1989-1991

## **SERVICE**

- *Member*, Editorial Advisory Board, *Journal of Bodywork & Movement Therapies*, 1996-Present
- *Member*, Education Working Group- Academic Consortium for Complementary and Alternative Health Care, 2008-Present
- *Textbook reviewer*, Elsevier Science 2002-Present
- *Member*, National Certification Board for Therapeutic Massage & Bodywork Distance Education Task Force, 2007
- *Member*, Health Care Professionals Advisory Committee, American Medical Association CPT Panel, 2003-2006
- *Chair*, National Certification Board for Therapeutic Massage & Bodywork Advanced Certification Task Force, 2004
- *Chair*, National Certification Board for Therapeutic Massage & Bodywork, May 2002-May 2003
- *Board of Directors*, National Certification Board for Therapeutic Massage & Bodywork, April 2000-May 2003
- *Member*, American Massage Therapy Association Sports Massage Education Council, 1995-1996

## **PROFESSIONAL AFFILIATIONS, LICENSES, & CERTIFICATES**

- American Medical Writers Association, member 2009-Present
- E-learning Guild, member, 2007-Present
- Sloan Consortium, member, 2007-Present
- American Massage Therapy Association (AMTA), member, 1988-Present
- Licensed Massage Therapist, Oregon, 1994-Present
- Nationally Certified in Therapeutic Massage & Bodywork, 1993--2007
- Neuromuscular Therapy Training Center Certification Program, 1991
- Southeastern Sports Massage Certification Program, 1989

## **HONORS AND AWARDS**

- Licensed Massage Therapist of the Year, Oregon Chapter of AMTA, 2001
- Certificate for Outstanding Contributions to the Field of Sports Massage, AMTA, 1996